# 1.0 Name of the medicinal product

Glucose Intravenous Infusion, BP (5%w/v)

# 2.0 Qualitative and quantitative composition

Glucose (as Anhydrous): 50.0 g L<sup>-1</sup> Each ml contains 50 mg glucose (as Anhydrous) Energy content: Approximately 840 kJ/l (or 200 kcal/l) Excipient: Water for injection

# 3.0 Pharmaceutical form

Solution for infusion.

Clear solution, free from visible particles.

# 4.0 Clinical particulars

# 4.1. Therapeutic indications

Glucose 5%w/v Intravenous Infusion is indicated for the treatment of carbohydrate and fluid depletion.

Glucose 5%w/v is also used as a vehicle and diluent for compatible medicinal products for parenteral administration.

# 4.2. Posology and method of administration

Adults, the Elderly and Children:

The concentration and dosage of glucose solution for intravenous use is determined by several factors including the age, weight, and clinical condition of the patient. Serum-glucose concentrations may need to be carefully monitored.

The recommended dosage for treatment of carbohydrate and fluid depletion is:

- ➢ for adults : 500 ml to 3 Litres / 24h
- ➢ for babies and children :
- > 0-10 kg body weight: 100 ml/kg/24 h.
- > 10-20 kg body weight: 1000 ml + 50 ml /kg over 10 kg / 24 h.
- > 20 kg body weight: 1500 ml + 20 ml / kg over 20 kg / 24 h.

The infusion rate depends on the patient's clinical condition.

Infusion rate should not exceed the patient's glucose oxidation capacities in order to avoid hyperglycaemia. Therefore, the maximum dose ranges from 5mg/kg/min for adults to 10-18mg/kg/min for babies and children depending on the age and the total body mass.

The recommended dosage when used as a vehicle or diluents ranges from 50 to 250 ml per dose of medicinal product to be administered. When glucose 5%w/v is used as a diluents for injectable preparations of other drugs, the dosage and the infusion rate will be principally dictated by the nature and the dose regimen of the prescribed drug. Administration:

The solution is for administration by intravenous infusion (peripheral or central vein). When the solution is used for dilution and delivery of therapeutic additives for administration by intravenous infusion, the direction for use with additive therapeutic substances will dictate the appropriate volumes for each therapy.

### 4.3. Contra-indications

The solution is contraindicated in case of uncompensated diabetes, other known glucose intolerances (such as metabolic stress situations), hyperosmolar coma, hyperglycaemia, hyperlactatemia.

Glucose solution should not be used after acute ischemic strokes as hyperglycemia has been implicated in increasing cerebral ischemic brain damage and impairing recovery.

Infusion of glucose solution is contraindicated in the first 24 hours following head trauma, and blood glucose concentration should be closely monitored during intracranial hypertension episodes.

### 4.4. Special warnings and special precautions for use

Glucose 5%w/v intravenous infusion is an isotonic solution.

High volume infusion must be used under specific monitoring in patients with water intoxication, cardiac, pulmonary or severe renal failure and/or with oliguria/anuria. Administration of Glucose 5%w/v solution may lead to hyperglycaemia. Special clinical monitoring is required at the beginning of any intravenous infusion. Administration should be carried out under regular and careful surveillance. Clinical and biological parameters, in particular blood-glucose, should be monitored. If hyperglycaemia occurs, rate of infusion should be adjusted or insulin administered. If necessary, provide parenteral supplements in potassium. Glucose tolerance may be impaired in patients with renal failure or diabetes mellitus. If administered to diabetic or patients with renal insufficiency, close monitoring of glucose levels is required, and insulin and/or potassium requirements may be modified. Use a slow flow rate because of the risk of undesirable osmotic diuresis. Glucose solution should not be

administered simultaneously with, before or after an administration of blood through the same infusion equipment, because hemolysis and clumping can occur.

# 4.5. Interactions with other medicaments and other forms of interaction

None known.

# 4.6. Pregnancy and lactation

Glucose solutions are commonly employed during pregnancy as hydrating fluids and as vehicles for the administration of other drugs (particularly for oxytocin). There are no indications for adverse effects on progeny by use of Glucose 5%w/v Intravenous Infusion during pregnancy, labour and lactation.

# 4.7. Effects on the ability to drive and use machines

Not Applicable.

# 4.8. Undesirable effects

Intravenous infusion of glucose 5%w/v can lead to the development of fluid and electrolyte disturbances including hypokalemia, hypomagnesemia, and hypophosphatemia. Hyperglycemia and dehydration have resulted from inappropriate parenteral use. Polyuria may also occur.

Adverse reactions may be associated to the technique of administration including febrile response, infection at the site of injection, local pain or reaction, vein irritation, venous thrombosis or phlebitis extending from the site of injection, extravasations, and hypervolemia. The nature of the additive will determine the likelihood of any other undesirable effects.

Discontinue use should adverse drug reaction occur.

# 4.9. Overdose

Prolonged administration or rapid infusion of large volumes of glucose 5%w/v solution may cause hyperosmolarity, dehydration, hyperglycaemia, hyperglycosuria, osmotic diuresis (due to the hyperglycaemia). Prolonged administration or rapid infusion may create a fluid inflation with oedema or water intoxication (with hyponatremia). The signs and symptoms of over infusion will be related to the nature of the additive being used. In the event of accidental over infusion, treatment should be discontinued and the patient should be observed for the appropriate signs and symptoms related to the drug administered. The relevant symptomatic and supportive measures should be provided as necessary.

# 5.0 Pharmacological properties

# 5.1. Pharmacodynamic properties

Pharmacotherapeutic group: "Other IV Solution Additives"

### ATC code: B05XX

The pharmacodynamic properties of this solution are those of glucose, which forms the principal source of energy in cellular metabolism. Glucose is given as a source of carbohydrate in parenteral nutrition. The Glucose 5%w/v solution provides a caloric intake of 200 kcal/l. Furthermore, this glucose solution for infusion allows hydric supplementation without ionic supplementation. Glucose 5%w/v intravenous infusion is an isotonic solution, with an approximate Osmolarity of 278 mOsm/l. The pharmacodynamics of the additive will depend on the nature of the drug used.

### 5.2. Pharmacokinetic properties

Glucose is metabolized via pyruvic or lactic acid to carbon dioxide and water with the release of energy.

The pharmacokinetics of the additive will depend on the nature of the drug used.

# 5.3. Preclinical safety data

The safety of glucose in animals is not relevant in view of its presence as a normal component in animal and human plasma. The safety of the additive should be considered separately.

# 6.0 Pharmaceuticals particulars

### 6.1. List of excipients

Water for Injections.

### 6.2. Incompatibilities

As with all parenteral solutions compatibility of the additives with the solution must be assessed before addition. It is the responsibility of the physician to judge the incompatibility of an additive medication with the Glucose 5%w/v Intravenous Infusion solution by checking for eventual colour change and/or eventual precipitate, insoluble complexes or crystals apparition. The Instructions for Use of the medication to be added must be consulted. Before adding a drug, verify if it is soluble and stable in water at the pH of Glucose 5%w/v Intravenous Infusion. When a compatible medication is added to the Glucose Intravenous Infusion, the solution must be administered immediately. Those additives known to be incompatible should not be used.

# 6.3 Shelf life

36 months

# 6.4 Special precautions for storageDo not store above 30°C and do not freeze.

# 6.5 Nature and contents of containers Bottle sizes: 500 Ml/250ML The bottles Low Density Polyethylene plastic the bags are overwrapped with a protective plastic pouch .

# 6.6 Instructions for use/handling

Use only if the solution is clear, without visible particles and if the container is undamaged. Administer immediately following the insertion of infusion set. The solution should be administered with sterile equipment using an aseptic technique.

Discard after single use.

Discard any unused portion.

# 7.0 Marketing authorisation holder

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# 8.0 Marketing authorisation number(s) 7206/26/10

- **9.0 Date of first authorisation/renewal of the authorisation** 30/03/2011
- **10.0 Date of revision of the text** MAR 2019